

# The One Who Lifts Up My Head

(Psalm 3:1-4)

- Introduction:
1. Have you ever done something that has caused such shame that you couldn't even look someone in the eyes?
  2. Have you ever felt so ashamed of your sins that you are even reluctant to approach God in prayer, seeking forgiveness?
  3. In Psalm 3, David is dejected and discouraged.
  4. Let's consider three points from this passage.

## I. The Accusation

- A. (Psalm 3:1-2)
- B. The troubles of which David speaks has to do with the rebellion of his son, Absalom (2 Samuel 15-17).
- C. David seems taken back and hurt by the size of the rebellion.
- D. Some of those who rebelled were among whom he considered to be his friends.
- E. They were saying of David that not even God would help him (v.2).
  1. This is the lie of the enemy!
  2. (Psalm 145:18-20; Isaiah 65:24).

## II. The Assurance

- A. (Psalm 3:3).
- B. God is a shield for me (round about) me.
  1. Covered on all sides.
  2. Remember, some of David's enemies were his friends.
- C. David glories in God, not in self.
  1. (1 Corinthians 15:10).
  2. We need to glorify God (Eph. 3:21).
- D. God lifts up our heads!
  1. (Luke 22:31-34, 54-62; Mark 16:7; John 21:15-19).
  2. (Acts 9:1-6; 1 Timothy 1:15-16).

## III. The Attendance

- A. (Psalm 3:4).
- B. David prayed to God and God heard his prayer.
- C. (Psalm 50:15) "Call upon me in the day of trouble; I will deliver you, and you shall glorify me."

- Conclusion:
1. We sing it - Grace, grace, God's grace, Grace that will pardon and cleanse within; Grace, grace, God's grace, Grace that is greater than all our sin.
  2. Now, will we believe it.
  3. Let God lift up your head, and glory in his love for you.