

Red Letter Living

"Why Are You Sad?"

(Luke 24:13-17)

- Introduction:
1. Roughly, 103,000 weeks have past since the death, burial, and resurrection of Jesus.
 2. Since that time, disciples of Jesus have gathered together on this day, every week, to remember what Jesus has done for us.
 3. There is great power in remembering.
 - a. Memories have the power to stir emotions and arouse conviction and commitment.
 4. Each week, God has called us to assemble together and participate in a memorial.
 5. In keeping with our series, I would like for our minds to go back 103,000 weeks to the day of Jesus resurrection and consider a question that Jesus asked, "Why are you sad?"

I. Why Are You Sad When Jesus Conquered Death?

- A. (Matthew 16:18).
- B. (Revelation 1:18) Jesus has the keys to death and hades.
- C. Whatever fear we may have had of death should be lessened or removed by the knowledge that Jesus has power over it.

II. Why Are You Sad When God Works Providentially In Your Life?

- A. (Romans 8:28).
- B. God brings people into our lives, he crosses paths, he sets the stage to provide things we need.
- C. It's more than chance that Joseph was taken to Egypt as a slave; that Esther became queen; that Onesimus met Paul in Rome, and then there's your life...
- D. Providence is easier to see when one looks at it from the perspective of hindsight.

III. Why Are You Sad When God Has Made Forgiveness Available To You?

- A. (Hebrews 8:12; 10:17).
- B. (Romans 4:7-8).
- C. (Psalm 103:12).
- D. Can you imagine replaying your worst moments for all to see?

- Conclusion:
1. My friends, because of the resurrection of Jesus, we have hope!
 2. I can see why on Friday and Saturday, the disciples of Jesus might have been downcast, but after the news of Sunday came, and they learned of the resurrection of Jesus, their sorrow should have been changed to joy.
 3. We live in "Monday" today! Therefore let the news of "Sunday" sustain you, lift your countenance, and give you hope!